SOUTH LAKELAND
4406 S. Florida Avenue, Suite 16
Phone: (863) 688-1800 Opt. 1
FAX: (863) 688-1824

WINTER HAVEN
820 Spring Lake Square
Phone: (863) 688-1800 Opt. 2
FAX: (863) 688-1824

Patient Name ______________________ Phone # ____________

Diagnosis ______________________ Date of Onset ____________

Procedure ______________________ Date of Surgery ____________

Precautions ______________________

☐ EVALUATE AND TREAT

Duration: ________ Weeks **Frequency:** ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 Days/Week ________ **Visits**

Objectives

- ☐ Decrease
- ☐ Improve
- ☐ Pain
- ☐ Range of Motion
- ☐ Strength
- ☐ Spasm
- ☐ Gait
- ☐ Flexibility
- ☐ Functional Skills
- ☐ Balance

Modalities

- ☐ At Therapist's Discretion
- ☐ Electrotherapy
- ☐ Ultrasound
- ☐ Electrical Stimulation
- ☐ TENS
- ☐ Iontophoresis

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- ☐ Hot Packs
- ☐ Cold Packs
- ☐ Photo / Laser

Procedures

- ☐ Robotic Therapy
- ☐ Myofascial Release
- ☐ Neuromuscular Re-education
- ☐ Manual mobilization

Traction
- ☐ Cervical
- ☐ Lumbar

ROM
- ☐ Passive
- ☐ Active Assist
- ☐ Active

- ☐ Therapeutic Exercise
- ☐ Flexibility
- ☐ Coordination
- ☐ Strengthening
- ☐ Functional Training
- ☐ Gait Training
- ☐ ADL
- ☐ Balance Training

- ☐ AlterG/Antigravity Treadmill
- ☐ Functional Capacity Evaluation (FCE)
- ☐ Other: ______________________

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☐ Verbal Order received from: ______________________ Date ____________

Therapist's Signature: ______________________ Print Name ______________________

I certify that the rehabilitation services outlined in the plan of care are necessary to the treatment of the condition and required by the patient. While under my care the plan of care established will be reviewed every thirty days or more often if the condition warrants.

Physician's Signature: ______________________ Date: ____________

Please Print Name: ______________________

Thank you for giving us the opportunity to serve you & your patients

South Lakeland

Leading Edge

Physical Therapy & Sports

4406 S. Fla. Ave. Suite 16, 33813

(863) 688-1800 Opt. 1

To Orlando
Exit 41
Exit 27
To Tampa
4
US 98 N.
4
Memorial Blvd.
Hwy 92
To Auburndale & Winter Haven
Exit 17
Polk Parkway
N. Fla Ave
In Town By- Pass / Bartow Road Extension
Polk Parkway
Main St
Lake Mirror
Main St
S. Fla Ave
Lake Hollingsworth
Edgewood
Drive
Polk Parkway
Exit 7
Exit 9
Polk Parkway
Exit 10
Denny's
Walgreens
Heights
Highland Dr.
Lakeland Highlands Rd.
US 98 South
540A To Winter Haven
Hallam Rd.
Executive Plaza
Cleveland
US Hwy 17
S. Fla Ave
Lake Miriam
Drive
540 - Clubhouse Rd
Highland City
To Winter Haven
Scott Lake
540A
Hwy 37
To Plant City, Brandon & Tampa
Highway 60
Mulberry
Bartow

Winter Haven

Leading Edge

Physical Therapy & Sports

820 Spring Lake Square, 33881

(863) 688-1800 Opt. 2

Davenport
To Orlando
To Tampa
Exit 41
4
Haines City
Lake Alfred
Hwy 17 – 92
Lakeland
Exit 17
Auburndale
Hwy 92
Polk Parkway
Home Depot
Havendale Blvd.
Walgreens
Movie Theatre
Spring Lake Square
Albertson's
27
Hwy 17
Gessler Clinic
Winter Haven Hospital
Floridino's
1st St
Bond Clinic
Central Ave
Dundee
Spring Lake
Neurology & Neurosurgery
Hwy 17
Hwy 17
Cypress Gardens Blvd
Hwy 60
Bartow
Lake Wales